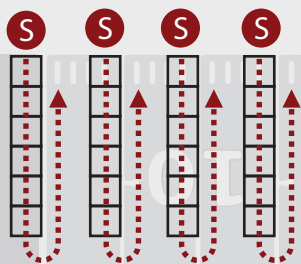




S = Starting Point

Station 3: Ladders

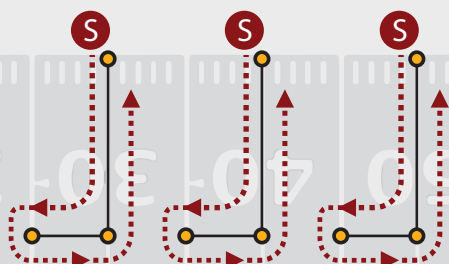
Coaches: Andre Evans, Mike Thompson, Josh Perry



Initial Group: 6th Grade

Station 4: L Drill

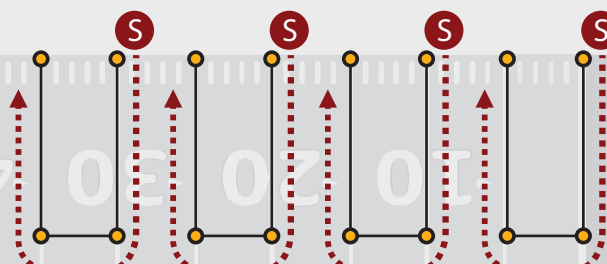
Coaches: Arnette Kerr, Christian Bryant, Shane Wynn



Initial Group: 7th Grade

Station 5: Square Drill

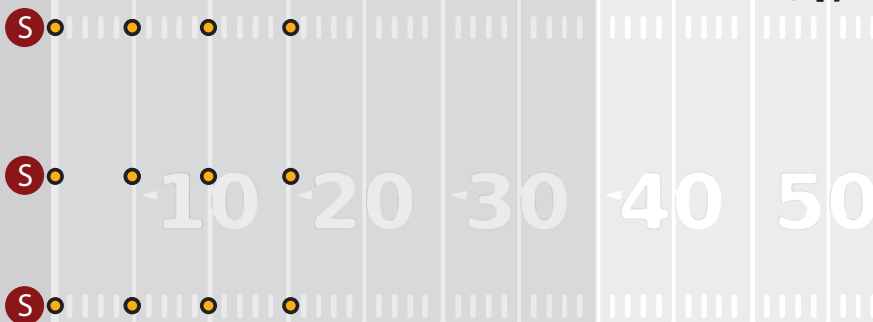
Coaches: Cardale Jones, JT Barrett, Akeem Williams, Tyvis Powell



Initial Group: 8th & 9th Grade

Station 2: 5 Back/10 Back/15 Back

Coaches: Rob Rose, Travis Freeman



Initial Group: 5th Grade

FIELD
TAYLOR
BUMP

Station 1: Pro Shuttle

Coaches: Cordale Scott, Johnny Robinson, Justin Hardee



Initial Group: 4th Grade



Station 1:

Captain: Cardale Jones
Coaches: JT Barrett, Akeem Williams, Christian Bryant, Shane Wynn

⚠ **Note for captain:** Before beginning, select 26 campers & move them to Station 2. This is only for the initial group.

- Drill #1:**
Scoop & Score
- Drill #2:**
Back Peddle Turn & Catch the Ball
- Drill #3:**
Run Towards the Coach and Catch the Ball

Initial Group: 4th & 5th Grade (95)

Station 2:

Captain: Tyvis Powell
Coaches: Arnette Kerr, Andre Evans, Mike Thompson, Josh Perry

⚠ **Note for captain:** Before beginning, select 23 campers & move them to Station 3. This is only for the initial group.

⚠ **Note for captain:** Before beginning, talk with Station 1 captain to move 26 campers from their group to your group.

- Drill #1:**
W Drill
- Drill #2:**
TBD
- Drill #3:**
TBD



Initial Group: 6th & 7th Grade (63)

Station 3:

Captain: Travis Freeman
Coaches: Rob Rays, Cordale Scott, Johnny Robinson, Justin Hardee

⚠ **Note for captain:** Before beginning, talk with Station 2 captain to move 23 campers from their group to your group. This is only for the initial group.

- Drill #1:**
TBD
- Drill #2:**
TBD
- Drill #3:**
TBD

Initial Group: 8th & 9th Grade (43)